

Emergency Contact Card

DOWNLOAD AND PRINT THIS ENTIRE PAGE, INCLUDING THE INSTRUCTIONS.

This card is for people who already have Incapacity Documents on file. If you do not have them, call me at 617-991-8905 or 413-829-0717, or email me at jo@windhorselegal.com. I prepared this card for use by *any* person with Incapacity Documents. It does not matter who prepared them.

Instructions: Fill out and carry this card with you. *Put it in your wallet immediately behind your driver's license or state ID card*. This is the location in which law enforcement officials are most likely to discover the card in an emergency and use it to contact those you have listed. Enter critical information about allergies and medical conditions emergency personnel need to know on the blank (back) side of the card.

Print out a second copy of the card and fill it out the same way as the first. Put this copy on your refrigerator, in your home. This is a place emergency personnel often look for vital information in an emergency, if a person's wallet has been destroyed or is otherwise missing.

Be sure to update your card by printing and filling out a new one whenever your primary information changes.

1. Print 2 copies of the Emergency Contact Card on paper or card stock.
2. Cut out the card on each page along the dashed line.
3. Fill out the five sections (marked in pale blue and in white) with names and phone numbers.
4. Laminate the cards to better preserve it. (Optional)
5. Put one card in your wallet, immediately behind your driver's license so that it will be visible if your license is pulled in a search for ID and information.
6. Post the other card on the refrigerator in your home, where emergency personnel will see it if they look for information in the event of an emergency that destroys your wallet or separates it from you.

EMERGENCY INFORMATION	
<i>See Additional Information on Back of Card</i>	
NAME:	
Emergency Contact/Phone	
Health Care Proxy/Phone	
Durable Power Atty/Phone	
Primary Care MD/Phone	
<i>Windhorse Legal, PLLC. 617.991.8905</i>	